

# THE EVENING RISE

April 2015

Issue: 173

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## MPFF Mission Statement

To promote, foster and encourage the art of fly fishing in all its aspects.

To promote, foster and encourage the art of fly tying.

To promote, foster and encourage the sport of fly casting.

To increase the pleasure derived by members from their sport by social intercourse, interchange of ideas and by collective or mutually assistive action generally.

To promote and assist in the stocking with trout and other sporting fish, of local and other waters.

To foster and promote the conservation of the environment on which the sport of fly fishing is practised and to assist scientific and practical research in all matters pertaining to the sport.

To do all such other things that are incidental to or conducive to the attainment of these purposes and for the exercise of the power of the club.



## PRESIDENTS LINE

Greetings Fellow Fly Flickers

I must be getting old!

I can remember when Christmas and birthdays seemed to be light years away.

Now, looking out my window at my bonsai tree the leaves are turning red and gold, the grapes have been harvested and are now fermenting in their barrels and our fishing season is rapidly drawing to a close.

Makes me realise that it is time to catch up and get in a bit of fishing before the *work's department* finds other for me to do.

Hope to catch up with you on the water somewhere, some time soon.

Regards,

Russ Johnson.



## CLUB CONTACT DETAILS

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P.O. Box 848, Frankston, VIC. 3199

## CLUB REMINDERS

### FLY TYING

*Sunday May 3rd @ Bob Fisher's  
14 Penton Crt, Somerville*

### COMMITTEE MEETING

*Thursday 9th April 2015*

### CLUB MEETING

*Thursday 23rd April @ Wranglers*

### AT THE MEETING

*Guest Speaker—First Aid*

### FOR YOUR DIARIES

*CLUB TRIP-Tyers River - Erica:  
April 17th/18th/19th*

*Accommodation Carinal Scout Camp*

### SHOT OF THE MONTH

*16 lb New Zealand Brown*

## NEXT MEETING

In response to numerous requests your committee have been fortunate to have secured the services of a highly qualified first aider to present a talk on some of the many issues that can befall a fly fisherman whilst out in pursuit of the elusive trout.

Our Speaker, **Paul Ziegeler**, is the **Scouts Victoria State Commissioner for First Aid** and responsible for the training of adults and youth in first aid.



*Maybe he has an answer for this!*

*As well as updating us about sprains, strains, snake bite and basic CPR.*



## FROM OUR TASSIE CORRESPONDENT



*Message received mid-March.*

The season end is fast approaching here in Tassie and the Dun's are few and far between, however Penstock fish are still happy to take a black nymph just under the surface.

Dave Swallow

**Editor's note:**

*This fish indicates the benefits of local knowledge!!!!!!*

## APRIL CLUB TRIP— TYERS RIVER



- ***This month's Club Trip (next weekend April 17/18/19th) is set down for Tyers River and Erica.***
- ***Accommodation will be at Caringal Scout Camp LOT 4E Telbit Road, Caringal VIC 3825.***
- ***We have booked bunkhouse accommodation for 16— so reservations are essential! If we exceed this number further beds may be booked but we need to know in advance!***
- **Cost \$15 / head.**
- ***Unlimited camping sites available.***

Caringal Scout Camp is set on 14ha Bushland and located Tyers Junction, just 9km from Erica and 37km from Moe. The camp is positioned on the junction of the Eastern, Middle and Western Tyers Rivers.

- **How to get there**

The camp is accessed via the Princes Freeway (M1) to Moe and then north on the Moe-Walhalla Road (C466). Once you leave the freeway at Moe it's only a further 40 minutes' drive, initially passing through pastoral properties before you hit the "twisties" and the sea of trees through the Moondarra State Forest and further north. It's a beautiful route. About 3km before Erica, keep an eye out for ***Telbit Road on the left***. There's a sign on the right-hand side of the road pointing ***left to Caringal Scout Camp***. Turn left here. If you miss the turn you'll arrive in Erica. There's a pub on the left and a caravan park on the right. Do an about turn and travel back 3km. ***From the turnoff it's 6km*** of unsealed access which for the most part is smooth and easy going. Stick to the main road and take it easy as there are plenty of corners with limited visibility and the road is shared by other residents. Turn right at the T-intersection (bridge) and before long you are entering the Scout camp.

- **Facilities**



***The Lodge*** accommodates 10 people in 2 rooms, 1 room sleeps 6 people and the other sleeps 4 people. The lounge/dining room has wood heating with a box of wood supplied for each night you stay.



***The Bert Spackman*** accommodates up to 6 people in 1 bunkroom with a sitting area and electric heater.

Mattresses are provided but users are to supply their own sheets, pillows and

blankets or sleeping bags.

***The kitchens*** are equipped with gas stove and oven, toaster, kettle, microwave and refrigerator. Pots, pans, utensils are provided.

***Dining*** table and chairs are provided.

***Toilet and Showers***—Toilet paper is supplied, but you have to supply your own soap, shampoo, conditioner and other personal items such as towels etc.



## APRIL CLUB TRIP— TYERS RIVER

### Tyers River, Tyers



#### Above Moondarra Reservoir

A fast flowing stream running through flat farmland adjacent to steep forested country. Substrate is rubble, gravel and sand. Water is mostly runs and riffles with occasional pools. Abundant fish habitat from woody habitat and undercut banks. Channel width to 8 m. Access is limited to road crossings. Contains abundant brown trout av. 150 g, with some to 1.3 kg, abundant river blackfish to 130 g, Australian smelt and Gippsland spiny crayfish.

#### (East Tyers River a tributary of Tyers River)

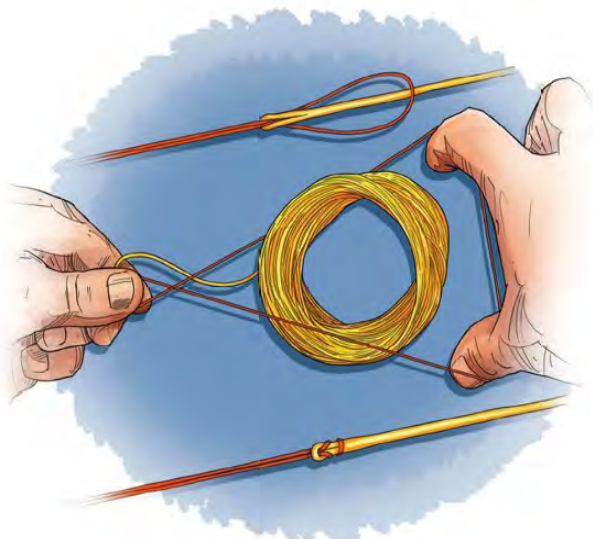
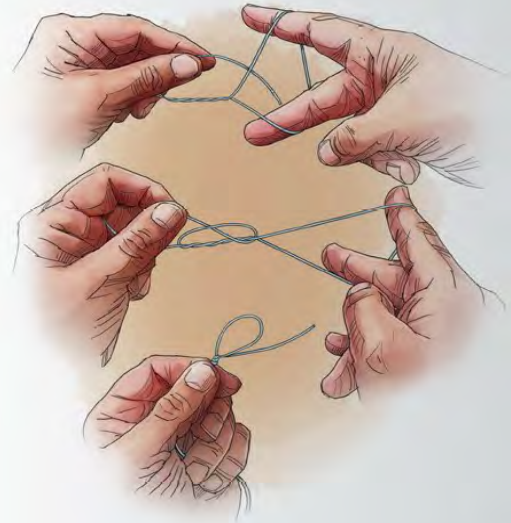
A small (2-5 m wide) creek flowing in forested mountains. Riparian vegetation of native forest and ferns. Pools to 70 cm deep, formed by log jams and other woody habitat; riffles to 20 cm. Substrate rubble and patches of sand. Excellent fish habitat and cover. No survey data but probably contains the same fish species as in the upper Tyers River.

## SHORT CASTS—HANDY HINTS

### OPEN LOOP KNOT

Instead of tying your dropper knot directly around the bend of the hook where tail fibres might get trapped, or the loop might slip off its foundation, instead tie an open improved clinch knot. Use two fingers in the “peace symbol shape” to twist the base of the loop five times, then push the tag end through the loop your fingers are holding open, and back through the new loop you’ve just created. The result is a standing loop with an improved clinch knot you can cinch tightly around the bend of any hook.

HENRY HOFFMAN ALDER, MONTANA

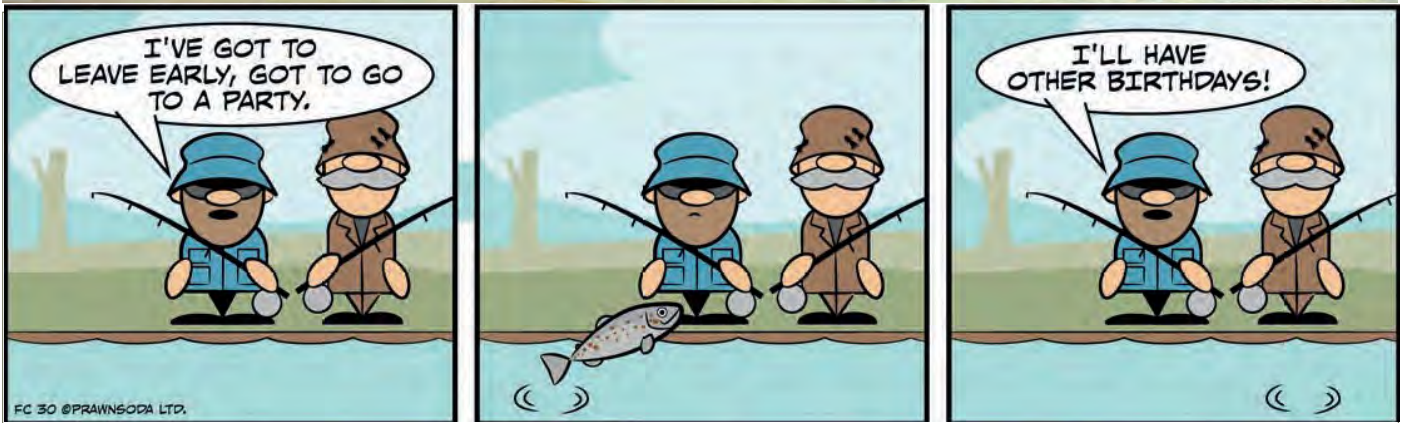


### CROSSED LOOP

If you prefer the convenience of a loop-to-loop connection between your backing and fly line, but don’t like the tendency of the backing loop to slip down the fly line loop (and cut on itself), there is an easy solution. After making the usual loop-to-loop connection, cross the backing loop over and pass it over the fly line once more. The resulting connection is stronger, smoother, and won’t slip down the fly line loop. It also spreads the force of a heavy fish across more surface area so the narrow backing material doesn’t cut your fly line.

ROB WALTERS TAMPA, FLORIDA

## FLUFF CHUCKERS



## MAY CLUB TRIP - EILDON

**Please note altered date for this (and future) Club Trips—now to be the weekend following the Club Meeting i.e. May 29th—31st.**



Your committee instigated this change to foster better communication between intended attendees at Club Trips.

Almost your last chance to fish the rivers before the season closes.



Accommodation at Eildon Caravan Park.

<b>Cabins &amp; charges (2 persons)</b>	
Superior Cabin	\$210
Deluxe Cabin	\$200
Ensuite Cabin	\$110
Powered site	\$45
Un powered site	\$25

## FIVE SECOND CASTING FIX

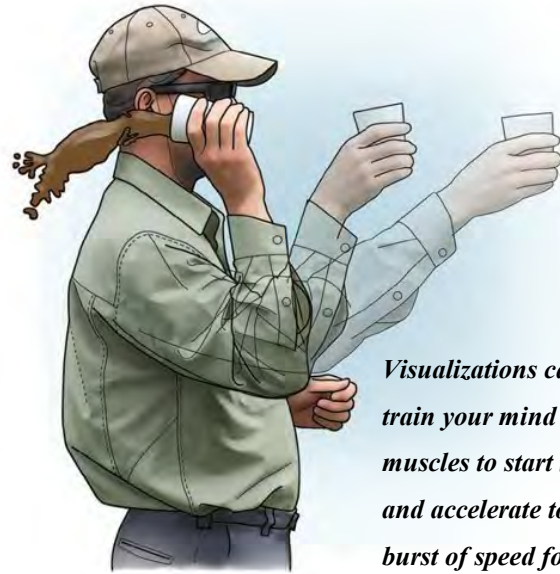
It takes only five seconds to say **“begin slow, and smoothly accelerate toward a sudden stop with the rod high. Pause, and repeat.”** If you think about it for just a few moments and visualize this acceleration and sudden stop, it becomes difficult to make a poor cast.

Over the years at fly-fishing shows and seminars I've used the visualizations of the five-second fix with casters of all skill levels to get them instantly throwing longer, tighter loops. First, they must understand that acceleration is a totally different concept than “faster.” Acceleration means starting slowly and smoothly, and delaying “the fast” for the very end of the stroke. If you hear a noticeable swooshing sound during a short 30-foot cast then you are using too much force, too early in the stroke. This is common for self taught casters, but it is incorrect and will never lead to better efficiency on the stream.

If we use the keyboard to describe an overhead back cast (as viewed from the side) it would look like **W** (moving left to right). This will help you scribe a straight path with the rod tip.

One of the analogies that works well for most people is to imagine you have a cup of scalding hot coffee, and you are going to throw all of it directly over your shoulder. You probably have a pretty good idea how to do that without getting coffee on yourself. You'll have to start slowly with your arm slightly extended in front of you, and progress to faster and faster speeds with a sudden stop over the shoulder that sends the coffee safely away from you.

With a fly rod you'll make this same motion, with the line on your back cast traveling directly away from your target. The high rod stop is essential for a short length of fly line (anything under 10 m). Use little to no wrist for this high stop, and your back cast will dramatically improve. It is easier if you think about using mostly shoulder and forearm, just like you would answer your mobile phone—in this world of technology, perhaps that's a better analogy than the hot coffee!



*Visualizations can help train your mind and your muscles to start slowly and accelerate toward a burst of speed followed by a sudden stop*

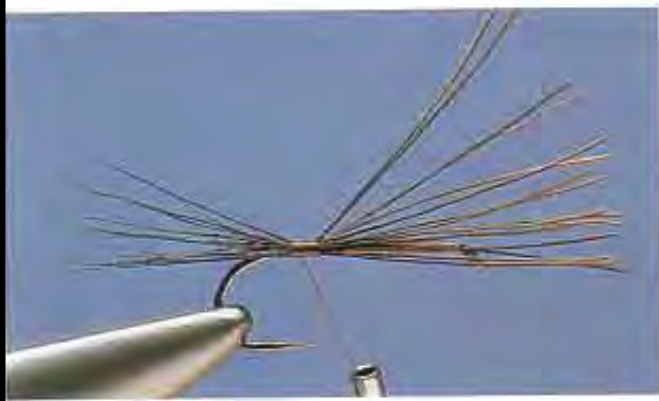


**Take Your Time**—An unrolling loop takes time to extend behind you, and this is where the pause is essential. My students often ask “How long do I pause?” but all casts use varying amounts of pause depending on the distance of the cast and many other variables, including the desired outcome of the cast. Try to watch your back cast unfurl—it's okay to turn your head and watch the line. Start your forward cast at the moment the back cast straightens out. All these principles of acceleration toward a sudden stop are the same on the forward cast. A successful visualization for many casters is to imagine holding a long paintbrush dipped in red paint. Your goal is to flick the paint onto a wall in front of you without getting any paint on yourself or on the floor. To do this, you'd move your hand straight toward the target using only shoulder and forearm for the slow part of the stroke. Smooth acceleration followed by a sudden stop sends the paint hurtling toward the target. Using the keyboard to describe the rod position on the forward cast would look like **V** (moving right to left). That final

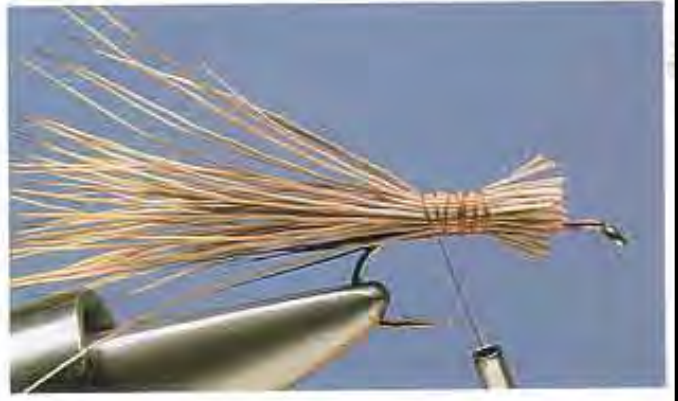
wrist rotation at the end of your casting stroke helps define a sudden stop, and puts you well on your way to mastering the art of loop control. These mental visualizations take just a few seconds to review in your mind before your first cast. Spend a few minutes false casting to help ingrain them in your mind and muscles, and pay attention to how your movements affect the bending of the rod. Your goal with these mental exercises is to learn to bend the rod in a way that allows the rod tip to travel in a straight path. After that, there's little else to do but choose your flies and catch fish!

*Mac Brown (macbrownflyfish.com) is a Federation of Fly Fishers master casting instructor.*

## FROM THE FLY TIERS DESK—HUMPY



**1** Fix the hook in the vise and run on the tying thread, stopping at a point opposite the barb. Take a few fibers of moose mane and, ensuring that the tips are level, catch them in at the bend. Trim away the waste ends.



**2** Cut off a large bunch of deer hair and remove any broken fibers. Make sure that all the tips are level, and catch the bunch in so the waste ends lie along the shank.



**3** Before fixing the hair properly in place, use the tying thread to pull it loosely over the eye to judge if the wing length is correct. It should be about the same length as the body. Release the deer hair.



**4** Secure the deer hair, covering the waste ends with thread, then apply a pinch of amber Antron loosely to the thread at the tail. Dub it onto the thread to create a chunky rope, and wind it over the waste ends of the deer hair.



**5** Pull the deer hair over the top of the body and secure in place a short distance from the eye. Remove any hairs that break or come loose.



**6** Catch in either one long grizzle hackle or a grizzle and a brown hackle, and wind behind the wing to form a dense collar. Secure the tip with thread and remove, then cast off.

## SHOT OF THE MONTH



This 16-pound NZ South Island brown was caught in January on a mouse fly the angler made himself. He actually carved the body portion of the mouse himself out of wood, and glued fur onto the body.

New Zealand's forests are comprised mostly of several different species of southern beech trees. Their nuts or seeds drop every few years and cause cyclical booms in the local mouse populations.

It's an incredible fish to come from the small mountain headwater streams where beech trees thrive.

## OUR MAJOR SPONSOR



- Our goal is to bring you top quality fly fishing tackle at the very best prices.
- Our prices are 30-50% less than retail for similar quality products, and within reach of the person who it matters most to....you!
- The difference is ours don't come with the same high price tag.



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