THE EVENING RISE

December 2013 **Issue: 160**

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Established: 1998

PRESIDENTS LINE

MPFF Mission Statement

To promote, foster and encourage the art of flyfishing in all its aspects.

To promote, foster and encourage the art of flytying.

To promote, foster and encourage the sport of flycasting.

To increase the pleasure derived by members from their sport by social intercourse, interchange of ideas and by collective or mutually assistive action generally.

To promote and assist in the stocking with trout and other sporting fish, of local and other waters.

To foster and promote the conservation of the environment on which the sport of flyfishing is practised and to assist scientific and practical research in all matters pertaining to the sport.

To do all such other things that are incidental to or conducive to the attainment of these purposes and for the exercise of the power of the club.

Greetings fellow fly flickers,

I'm told to get a buzz out of life take a kid fishing. So I asked the kid would he like to go to Merrijig with the club for a weekend of fly fishing.

Well the kid is 28 but he agreed, so a crash course of approximately 1 hour of casting on the green banks of suburban Mt Martha, i.e., the nature strip, Then it was off to the Gentleman's outfitters - the shed where waders, vest, rod and reel were selected and we were ready for the weekend.

Friday afternoon saw the kid on the Delatite with clear water, sunshine and a casting style that was looking alright but no fish. Saturday saw four of us walking down the slope to Gardiner's hut on the Howqua. Once again great looking water a magnificent setting and still good weather.

So with a few more casting and upstream craft instructions we let the kid loose. Several trees, the odd wind knot, a bird's nest, loss of several flies and did not see or hear a fish move anywhere, it wasn't looking great. The day finished with a smile and "wasn't that fun" from the kid. After the weekend finished I realized that with youth, you can drag down tall trees to recover flies and walk through raging torrents to unhook leader without getting wet.

Can't wait to ask the kid to go fishing again.

Hope to see you on the water somewhere, sometime soon.

Regards,

Russ (Woger) Johnson



CLUB CONTACT DETAILS



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CLUB REMINDERS

FLY TYING

ON HOLD

COMMITTEE MEETING

None

CLUB TRIP

13-15th December, Big River Trip

CLUB MEETING

Thursday 12th December @ Wranglers. 6.30 pm

AT THE MEETING

XMAS BBQ

FOR YOUR DIARIES

TASSIE 2014

SHOT OF THE MONTH Early morning on Lake Purrumbete

Keep fishin'! Take a friend!



RANDOM THOUGHTS

I don't lie about the size of the fish I catch, I just remember them bigger.



ADD'S

ATTENTION SPEY HEADS, SKAGITEERS, AND SWITCH RODDERS

Ready to cast better and catch more?

Join the RIO Spey 2.0 Revolution.



he



BIG RIVER / TAPONGA

NEXT CLUB TRIP

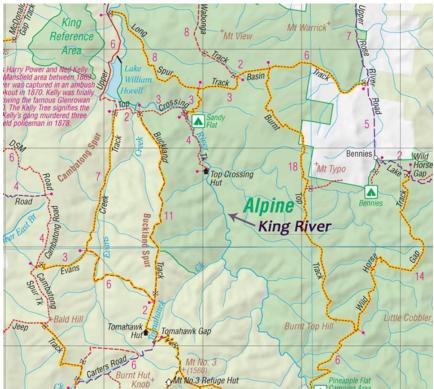


Big River State forest

Situated about 180 km north east of Melbourne, south east of Eildon, Big River State forest provides excellent opportunities for camping, bushwalking, picnicking, fishing, mountain biking, trail bike riding and recreational driving.

The heritage classified Big River is at the scenic heart of the forested valley. Today, the Big River State forest is managed primarily for recreation use and water supply.

The Lower Big River camping areas, situated within Big River State forest, consist of a number of riverside camping areas and day visitor areas scattered along Eildon-Jamieson Rd and Big River Rd.





OUR MAJOR SPONSOR



The Klinkhammer special -devised by Hans van Klinken.

I was camped at Khancoban in summer 2012 - first morning fishing the swampy plains, not doing any good, when a horseman arrived. I soon realized he was fly fisher with a wealth of local knowledge, "Get on that broken water over there tonight with a *klinkhammer*. Have you got any?" he said. "No but I have all my tying gear and have all day to perfect one." *Klinky* as I call em worked wonders!

This one I've used dark dubbing but you can try all sorts sparkle etc. Whatever. The wing can be a bit tricky to get looking good.

The best way was to tie down a loop off Hivis loop facing to eye then stand it up creating a strong post to wrap hackle and two strands off peacock hurl as thorax.

The loop on top of wing is the then cut by pulling up with scissor blade and cutting.



What I like best is the way it bobs along in current always up right and natural, easy to see at dusk whereas say a Royal Wulff can fall over. A bent caddis hook to hang right is a must - size 12,14.

Greg R.

FLY FISH MT BAW BAW

Fly Fish Baw Baw

What a good weekend! First off, I'd like to thank Mount Baw Baw Alpine Resort CEO, Stuart Ord, and the staff for putting on another great weekend they were all first class, all did a superb job, especially the chefs, and the food was fantastic.

It was good to catch up with a lot of fly fishermen, swapping yarns and thoughts is always a good thing no matter where it is, the camaraderie was fantastic and the view was to die for.

The second annual Fly Fish Baw Baw event has been cast and won, with two Ballarat Fly Fishing Club members taking the top two.

Cameron Griffin of Ballarat hooked first place and a \$1000 cash prize with his landing of a 29cm Wild Brown trout, caught in the Toorongo River near Noojee. Friend James Newton from Bacchus March secured second place with a 28cm catch and Corey Milner gave up another centimetre with his third place fish in the catch and release competition.

"It was unreal," said Griffin of his catch. "It was almost a mistake – I was hooked on some foliage behind me and I'd just disentangled. I turned around with the nymph already in the water and the fish just took it. I didn't do too much!" I'd never been up here before – we're more used to fishing lakes out our way – but I'll definitely be coming back this way again.

"Fly fishing gets you out and about into some beautiful locations," says second place getter, James Newton. "It puts you in touch with nature and can be as technical or as simple as you like depending on how far you want to get into it. I particularly like this jungle-like, high country stream fishing.

Thanks must go to Australian-based Spanish fly fishing instructor, Juan Luis Del Carmen, who hosted a masterclass on casting technique, and inspired young and old alike with demonstrations on the Mount Baw Baw village casting ponds, and for Saturday night's activities.







Continued

FLY FISH MT BAW BAW

Fly Fish Baw Baw

Another respected and equally well-travelled fly fisher, Josh Hutchins, a.k.a. the 'Aussie Fly Fisher', was in attendance offering advice and presenting inspiring tales from his many and varied fly fishing trips and tours worldwide.

"Anything like Fly Fish Baw Baw that promotes the sport I think is a great thing. There are so many beautiful streams around here and anyone – experienced or not – would enjoy just standing in the streams let alone catching a fish in them."

Also featuring at the two-day event were legendary fly tyers, Mick Hall and Mark Scheimer, who generously offered up demonstrations and advice on how to create the perfect fly, an art form that dates back at least 500 years.

Baw Baw Resort's own award-winning chef, Brett Marshman, hosted a trout fish cooking masterclass, the result created a mouth-watering aroma in the Village Restaurant and happily taste-tested by his audience to rave reviews.

WINNERS (Ballarat Fly Fishing Club)

- 1. Cameron Griffin 29cm (Ballarat) Caught in West Tanjil,
- 2. James Newton 28cm (Bachus Marsh)
- 3. Corey Milner 27cm

www.mountbawbaw.com.au

XMAS BBQ

CHRISTMAS BBQ

Thursday 12th December @ the Wranglers Club ,6.30 pm. till late. You can bring yourself, Wife, Partner, Mistress & or just the kids and a few dollars for the raffle.

The Christmas BBQ meeting is the opportunity to come together and remember the year's high points, hear great fishing stories, and share a few laughs. So bring your memorable stories of the past year to the Christmas BBQ, I would love to see you all present for our last meeting of the year.

Please RSVP by 9th December

for catering purposes.





mt baw

ha



Capt. Pat Damico

FFF Master Casting Instructor

Casting Tip 25: Should I cast vertically or move my rod to a more horizontal position? At a recent casting clinic I asked if anyone experienced pain or discomfort while casting? The participant closest to me stepped forward and I had him stand and hold his rod where he usually begins a forward cast, which was almost vertical. Holding the rod from behind I asked him to start his cast.

Against my resistance he experienced some pain. As he moved the rod more horizontally, I repeated the resistance and the pain dissipated. Clearly his best casting position was away from vertical. If you are experiencing pain while casting, avoid the same casting position. When casting with a friend, try this simple exercise.

Taken from Suncoast Fly Fishers of St. Petersburg-Clearwater with permission www.suncoastflyfishers.com.



DEVILBEND



Sam the ranger from Parks Victoria, points out any risks and types of weeds. Boneseed and pittosporum.





Us and the conservation groups working together, with bbq to follow







FLY FISHERMANS CHECK LIST

You Might Be A Fly Fisherman, If

Have you reached a summit in the sport of fly fishing? Are you qualified to call yourself a "fly fisherman"? If you're not sure, I've developed a simple test you can take to find out if you qualify for this title. Take a moment to complete this short test. You might be surprised by the results.

If your buddy tells you your fly is open and you have to ask if there is another way to attach the wings, you might be a fly fisherman.

If the map is describing an off ramp to the freeway, and the only loop you're familiar with is in your back cast, you just might be a fly fisherman.

If the only indicators you know how to use have the word "strike" in front of them, you might be a fly fisherman.

When your friend who's been taking flying lessons mentioned he finally got his wings, if you asked if he tied them upright or swept, you might be a fly fisherman.

If the only royalty you read about has the word "Wulff" attached to it, you might be a fly fisherman.

When your geometry teacher asked if anyone could describe a triangle, if you spent the next fifteen minutes describing a fly line taper, you might be a fly fisherman.

During a recent job interview when the potential employer asked if you had any bad vices, if you told him you gave that Vise to your son and purchased a new rotary one that really holds a hook, you might be a fly fisherman.

If your definition of a downrigger is a bead on the head of a nymph to get it down fast, you might be a fly fisherman.

If the only Latin you're familiar with has something to do with the names of bugs, you might be a fly fisherman.

You just might be a fly fisherman if your favourite winter jacket has lots of pockets and a fly patch.

During a recent history exam, when the question read "What is the historical significance of Siberia?" If you answer was "big fish that haven't seen a fly before", you might be a fly fisherman.

If your idea of a cultural exchange is a fly swap, you just might be a fly fisherman.

If your favourite shirt has a rod holder tab, you might be a fly fisherman.

If your vacation pictures have more fish, water and bugs in them than people, you might be a fly fisherman.

When your wife was cooking a turkey and sent you to the store for some sage for the dressing, if you returned with a Sage fly rod, you might be a fly fisherman.

You might be a fly fisherman if your favourite boat has the word "drift" in its description.

On the other hand, if you're spending your time reading this, you just might be a fly fisherman.

NEED MORE You might be a fly fisherman if you know that...

A fly is not to be zipped, Sage is not a spice, A Wulff is not an animal, A nymph is not a girl.

To mend is not to sew, A double haul isn't a semi with two trailers, 3X is not an adult movie.

Dun is not finished, Grizzly is not a bear, A rainbow is not in the sky, A coachman doesn't have a horse.

A Vise is a good thing, A pool isn't for swimming, Tassie isn't Heaven...but it's close.



YOUR PRODUCT GUIDE

New from Tonic Eyewear

Finding the balance between a stylish frame and one that is functional has never been an easy task when producing eye wear for fishermen. A frame that offers the angler adequate protection from the sun when being exposed to high levels of light and glare for long periods of time requires certain key elements. These elements and functional design don't always make for a frame that stylistically fits in with today's fashion trends.

With that in mind Tonic have gone about designing two new frames that give you all the protection and functional traits that are associated with Tonic Eyewear and produced frames that is as much at home on the water as it is wearing to work or at social functions.

Cove:

In today's world where fishing is not just for men, Tonic Eyewear is proud to release "The Cove" designed specifically for ladies.

We have the new Cove Ladies sleek design – suitable for fishing, driving and everyday use.

An extremely soft flexible temple for superior comfort and fit. So soft and comfortable you will not know you are wearing them.

Available in Shiny Black frame with Glass Grey Lens (pictured) & Shiny Tortoise Shell frame with Glass Photochromic Copper Lens



Tonic Eyewear

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Spare the Rod - Spoil the Child

Don't be afraid to take kids fly fishing. We have all had that familiar feeling, a set of sad eyes looking up at you pleadingly as you start to walk out the door all geared up for a day on your favourite trout stream. Usually we just toss Fido a fresh dog biscuit, pat him on the head, and out the door we go. Sometimes though, the sad eyes gazing at you are ones that belong to a son or daughter.

The folks at Social Services might have a thing or two to say if you took the same approach with the kiddies that you do with Fido and Mom might actually appreciate a few hours of alone time. If you want to be a real hit with both of them consider taking your child fishing. Going on fishing trips with kids, *especially fly fishing trips*, requires a unique approach. Here are some tips that just might help you have a day that your child will remember for ever.





FISHING ARTICLE CONT

The first thing to remember is that the day will be memorable no matter what happens. I can honestly say that I remember every fishing trip I have ever gone on with my Dad. Kids see Dads with fly rods practicing casting in the yard and naturally want to try it to be like Dad. This is very good for a Dad's ego. However, being the steward of a child's life long memories and ideas about the outdoors is serious stuff so relax and make a plan!

Secondly, Plan on this being a trip for the kid not for the Dad. I asked my son, now thirteen and a fly fisherman for at least five years, what advice he would give Dads who were going to take young children fly fishing. He said, "tell them to let the kids hold the rod some". Perhaps sometimes I failed to do that on a few of our trips. I will sometimes take the rod back and show him how to make the fish bite rather than letting him do it on his own. Pick a place to go that is as



uncrowded as possible and where a kid can have a good shot at catching fish.

Fish in a farm pond can fit this bill perfectly. Kids have short attention spans and if the fishing is slow and water is near they will try to take a dip. Don't try to wade your favourite river for wary trout and keep up with a ten year old. It will not go well for either of you. Especially if Mom gets wind of it.

Third, Forget back casts and false casting. You can get to those later. Kids younger than ten just don't get the mechanics of a good double haul. Pick water where they can give a short flip or roll cast. Again, your local farm pond teeming with fish is ideal for this.

Fourth, Set a good example. Kids will remember what you do and probably tell the neighbours too. Make a big show of asking permission to fish if your local pond is on private property. Have the correct licenses and explain the importance of them to your child. Explain how you always take out more trash than you take in. Talk about conservation as you let your child release your catch or discuss not wasting what you take if you decide to take the fish home for dinner. This is the sort of thing we all read about in books but it really does make a difference and will shape the child's ideas about nature and our responsibilities as outdoors men and women.

Finally, Don't plan to stay all day. Do bring snacks and take pictures. Be prepared to untangle line, get wet, and have rocks thrown into the water. Fish will be scared away and you will have frustrating moments. You will also have wonderful moments. One of the best moments I can remember is when my son looked up at me and said "Thanks for taking me fishing today Dad".



THE TIER'S CORNER

The Tier's Corner No. 1

By Jim Cramer

Quality, Uniformity and Speed

Allow me to introduce myself, as this will be the first of a long series of fly tying columns if they meet with your editor's approval.

I tied my first fly sometime in 1945 or 46 using bait hooks, feathers gathered from the chicken coop, and thread from my mothers sewing kit. I had never seen a fly tying vise nor did I have any idea how they got all those little hairs, hackle, to stand out from the hook. The only flies I had actually seen were those in my great-uncles fly tin, a round metal container with wet felt pads to keep the gut snells moist.

The following Christmas my only uncle gave me a Herter's fly tying kit complete with George Herter's fly tying book, and a life long obsession started.



I consider myself a "generalist" tier rather than a "specialist". If it swims and will eat a fly, I'll try to temp it. I admire those that tie the classic Atlantic salmon flies and the super realistic flies, but that is not my cup of tea. I prefer flies that are relatively quick to tie. As the saying goes, "It shouldn't take you longer to tie a fly than it does to lose it. Enough about history, let's talk fly tying.

One caveat before I start - In all my columns I will assume that you are a right handed tier. If you tie any other way please make the necessary adjustments.

Fortunately for beginning tiers, the ultimate judges of your efforts are fish with pea size brains and they are very forgiving (but not always). The sense of satisfaction and accomplishment that comes with the fish's approval will sustain many a novice tier through the learning process. The next level of tier satisfaction comes when your fellow anglers recognize your skill.

Quality, Uniformity and Speed are the three goals for which all tiers should strive. Each of these three goals will be covered in much greater detail in future columns when I will discuss the various ways to achieve them.

QUALITY

Of the three goals, quality is the first goal to which all tiers should devote themselves, for without quality nothing else matters.

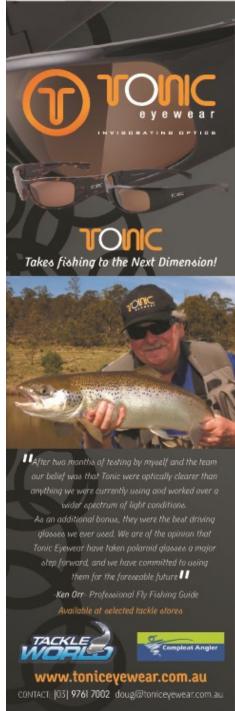
Two issues govern the quality of a fly: the quality of the materials used, and the assembly of those materials on the hook. Quality flies are difficult to tie with poor material. It can be accomplished, but it creates a greater challenge. Of course the type of flies being tied will make different demands on the materials used. Dry flies for example demand much higher quality materials than do nymphs. Poor or less than ideal materials will handicap novice tiers much more than the experienced tiers who have learned to deal with the special problems inferior materials present. Good material by itself does not guarantee quality flies. It helps, but you really must consider the next issue.

THE TIER'S CORNER CONT

The second issue of quality, the assembly of materials, becomes apparent in the neatness, durability, and the proportions of the fly. Skip on any one of these and you have reduced the quality of your flies. Sloppy flies are easy to spot with crowded or oversize heads, parts twisted on the hook, and parts too long or too short. This is really a case where neatness and attention to detail count. The list of possible flaws is long and I will be addressing them in future columns.

UNIFORMITY

Uniformity is easy to define. All of your flies, of a given pattern, should look alike. When you can reach in your fly box and pull out a Parachute Adams, without examining the others to select the best one, then you have reached an advanced level of uniformity with your tying. Be advised however, that all of your flies may be of poor quality, all exhibiting the same flaws or sloppy work. That is NOT the uniformity for which you should be striving.



As your skill level advances you will develop a style to your flies and they will become as individual as your handwriting. If you don't presently have a style then adopt the style of another tier whose flies you admire. Imitation is the greatest form of flattery, and no one will be offended if you admire his or her tying skills.

It is fun to experiment and develop your own patterns and many new tiers fall into this trap once they learn the basics of tying. But the quickest route to improvement is to limit yourself to tying established patterns. Established patterns provide standard against which to judge your progress. Your experimental patterns give you no such gage.

SPEED

Quality and Uniformity are relatively compatible goals and can be worked together. Speed, however, is counterproductive to those goals, and therefore should worked on only after you have achieved some level of proficiency with quality and uniformity.

If you tie for relaxation and are content with tying half a dozen flies of different patterns in an evening, then speed may not be an issue. If you tie for other reasons, you will eventually want to increase your tying speed.

Speed will come with experience, but only to a point. To increase your speed you must consciously think about all aspects of your tying. There are many ways to shave off a few seconds here and there and before you know it you may be tying flies in half the time.

There is one easy tip that is compatible with all three goals that I strongly suggest that you follow. Whenever you sit down for a tying session - limit yourself to tying a single pattern and size of fly. When you have finished your tying session take time to judge your completed flies against one another. Do the flies look alike? Are they all of similar quality? Overall your speed should have increased a bit during the tying session if only because you had your materials a more organized and didn't spend so much time looking for a new material for the next new pattern.

Future columns will cover recommendations and ways for advancing on each of these three goals.

BOOK REVIEW



THINKING Fly Tier

The Way to Rapid Improvement



by JIM CRAMER

For the fly fisherman who ties flies to catch fish. Identify, evaluate, and solve common fly tying problems. Learn to apply logic and reasoning to improve your fly tying.

FOREWORD BY AL BEATTY

ABOUT THE AUTHOR

Jim Cramer has been tying, teaching, and demonstrating fl y tying techniques for more than sixty years. A regular fl y tying columnist and a favorite demonstration tier at the annual Federation of Fly Fishers Conclave, Jim now share his years of tying experience and thoughts with you in this book, his very fi rst.

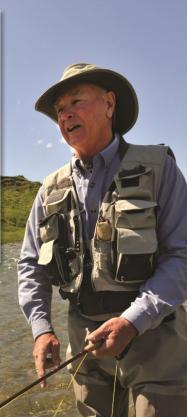


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Become a Thinking Fly Tier The Way to Rapid Improvement

All fly tiers have a desire to improve their levels of skill, yet many find themselves stuck in their advancement. You can become a better tier by truly thinking about the *what*, *why*, and *how* of your tying.

Jim Cramer shares with you his sixty-plus years of tying experience, and thoughts about materials and techniques that can help take your tying to a new level. You will be challenged to grow beyond the "paint by numbers" approach that may have limited your progress.

Your rewards will be a noticeable increase in the quality and uniformity of your flies, and an increase in the speed of your tying.



Become a Th inking Fly Tier!

All fl y tiers have a desire to improve their levels of skill, yet many fi nd themselves stuck in their advancement. You can become a better tier by truly thinking about the *what, why* and *how* of your trying. Jim Cramer shares with you his sixty-plus years of tying experience, and thoughts about materials and techniques that can help take your tying to a new level. You will be challenged to grow beyond the "paint by numbers" approach that may have limited your progress. Your rewards will be a noticeable increase in the quality and uniformity of your fl ies, and an increase in the speed of your tying.



Author Jim Cramer at the tying bench.

GETTING STARTED Developing a Game Plan Quality, Uniformity, and Speed Organization and Material Handling Tools Fingernals, the Forgotten Tool Th read Management, Control, and Mounting Materials Judging Hackle Th Substitution of Materials Tying Order

SPECIAL TECHNIQUES Dubbing Techniques Speed Tips Wet Fly Hadde Posting Dry Fly Wings Dry Fly Hadde CDC and Its Uses Adding Weight to Flies Ram's Wool: An Underused Material Custom Dubbing and Onion-Skin Dye Th Put Your Flies on a Diet Biots

TIPS AND THOUGHTS Observations on Dry Fly Wings Traveling Kits Common Problems and How to Avoid Them



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Hook Rant Bad Ideas

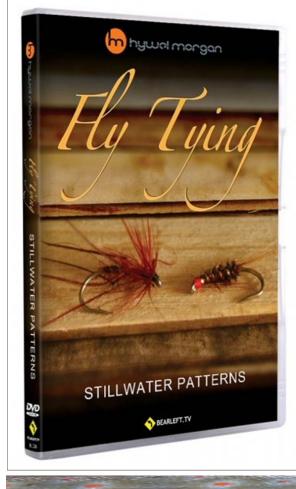
- Do-It-Yourself Sliding Bobbin SPECIAL FLIES AND DESIGNS
- Th
- Two Midge Cluster Patterns Th
- The Baby Boxfi shand Th Fast Food Flies
- Th Rubber-Legged Dry Flies

YOUR PRODUCT GUIDE

Hywel Morgan's Fly Tying Stillwater Pattern



In this instructional DVD join professional fisherman Hywel Morgan behind the vice, as he ties a selection of stillwater patterns that has helped him become a World Champion.



With sixteen different patterns to choose from including nymphs, buzzers, dries, lures, blobs, boobies and goldheads Hywel demonstrates how to create everything from familiar flies with a twist, to his very own secret patterns. Each tying sequence begins and ends with an extreme close up of the fly allowing you to study the finished article in detail so you can achieve perfection.

For beginners new to this rewarding pastime Hywel has added a section covering all the basics including the equipment, materials and tying techniques. For viewers already familiar with the subject, the interactive menu makes it easy to jump straight to the section of interest and begin tying. With something for all abilities this programme will help you create 'killer' patterns making every fish hooked twice as satisfying.

Hywel Morgan

E: info@hywelmorgan.co.uk W: www.hywelmorgan.co.uk

FOR SALE



Includes an additional all weather over cover for storage, full front annexes enclosure, front carry box and stone guard

Call Dave Swallow 0402 442385





YOUR PRODUCT GUIDE

NEW FENIX HP25 HEADLAMP



The NEW *Fenix HP25* provides the latest duel LED technology with easy AA battery power. Two dedicated light sources combine with an individual control system to deliver flood and spot combinations with up to 360 lumens from 4 AA batteries.

With beam distance up to 153 meters and runtime to nine days, HP25 offers the best in functionality, performance and simplicity.



Features

·Utilizes two Cree XP-E LEDs with a lifespan of 50,000 hours

·Uses four AA (Ni-MH, Alkaline) batteries

·Light: 76.0mm (Length) x55.7mm(Width) x31.5mm(Height)

Battery case: 88.8mm (Length) x73.7mm(Width) x26.2mm(Height)

·183.5-gram weight (excluding batteries)

Digitally regulated output - maintains constant brightness

Two dedicated light sources with individual control system

·Lockout function – prevents the light from accidental activation

 $\cdot Reverse \ polarity \ protection \ guards \ against \ improper \ battery \ installation$

Rugged aluminium chassis to shed heat and impact

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- ARTICLE

Cleaning Fly Lines

According to Scientific Anglers there are a number of reasons fly-line should be cleaned. Exposure to heat (storage in a hot car), solvents found in insect repellents, sun screens, and some fly line floatants are just a few. Dirty water and casting practice in the back yard can really get your line dirty. Cleaning your line will reduce friction in the guides, reduce tangling and improve floatation. There are a number of products on the market to clean fly-line.

Clean fly lines shoot further with less tangles than dirty fly lines. To maximize your performance, clean your lines each evening after fishing. Guaranteed you will perform better than if you don't.



Chicken Provencale

RECIPES

Ingredients

1 red capsicum, quartered, deseeded,

1 yellow capsicum, quartered, deseeded 1 tbs olive oil

1.5kg chicken thigh pieces, excess fat trimmed

2 brown onions, halved, cut into wedges

2 garlic cloves, thinly sliced

125ml (1/2 cup) white wine

1 x 660ml btl passata (tomato pasta sauce)

250ml (1 cup) chicken stock

8 sprigs fresh thyme

80g (1/2 cup) pitted black olives

Mixed salad leaves, to serve

Method

Step 1: Preheat grill on high. Place combined capsicum, skin-side up, under grill and cook for 8-10 minutes or until charred and blistered. Transfer to a sealed plastic bag. Set aside for 10 minutes (this helps lift the skin). Remove the skin from the capsicum and cut the flesh into thick strips.

Step 2: Preheat oven to 200°C. Heat the oil in a large frying pan over medium-high heat. Add half the chicken and cook, turning occasionally, for 5 minutes or until browned. Transfer to a large baking dish. Repeat with the remaining chicken.

Step 3: Add the onion to the pan and cook, stirring occasionally, for 5 minutes or until golden. Add the garlic and cook for 2 minutes or until aromatic. Add the wine and cook for 2 minutes or until reduced by half. Add the capsicum, passata, stock and thyme. Season with salt and pepper.

Step 4: Pour the sauce over the chicken. Bake for 45 minutes or until chicken is cooked through. Stir in olives. Serve with mixed salad leaves.



No claim is made by the organization as to the accuracy of any information contained in this publication. After all this is a fishing newsletter and no other type of Sportsman is known for BROADER EXAGGERATION of what was once the truth.



THE TYIERS BENCH

No-27

Red Nosed Bugger



Materials:

Hook:	Kamasan B800 #8
HUUK.	Kalliasali Douu #0
Thread:	Black 6/0
Bead:	Red Glass
Tail:	Black Marabou
Ribbing:	Gold Wire
Body:	Black SLF Hank
Flash:	Black Krystal Flash

Tying Instructions:

Step 1 - Fit bead onto the hook, pinching the barb if necessary. Add several wraps of lead and secure it from slipping by tying a small bead of tying thread behind it, continue winding back to the spot just before the bend, then return the thread back to the point of the hook.

Step 2 – Combine 2 black marabou plumes, ensuring that the ends are aligned and that the curves are facing each other, Tie in the feathers with 4-6 tight raps, the length should be the same as the hook. The butt-ends should end where at the lead wraps ended.

Step 3 – Tie in a 4" length of gold wire. Wrap over the wire to the bend of the hook. Then dub a robust body of Black SLF from the bend to just back from the bead.

Step 4 – Tie in 4 strands of black Krystal Flash behind the bead. Lay 2 strands down each side of the body.

Step 5 – Wind the wire forward in open wraps, over the Krystal Flash to hold it down. Tie the wire off. Trim the Krystal Flash so that the strands are a little longer than the Marabou.

Step 6 – Using a bodkin or a needle to pick-out the dubbing on the top and bottom between the wire wraps.

Step 7 - Add some dubbing (Applied to the thread loose) and dub the area behind the bead stroking the fibers back as you go.

Step 8 – When you are happy with the level of "bulk," stroke all he fibers back and tie-off behind the bead. Add a drop of head cement to the thread.

